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"The Easiest Way to Understanding Ho'oponopono"
The Clearest Answers to Your Most Frequently Asked Questions - Volume I

Digital eBooklet & Audio Set

Los Angeles – September 17, 2009 - **Mabel Katz** just released her fourth book, "**The Easiest Way to Understanding Ho'oponopono.**" This book will give you the clearest understanding yet through the answers of the most frequently asked questions from around the world. As Mabel traveled the world presenting *Ho'oponopono*, she realized we all have the same questions and concerns, and there was a lot of confusion out there. This amazing book will have you understanding and using the techniques and principles of *Ho'oponopono*, so you can experience the magic and enjoy life's miracles.

"**The Easiest Way to Understanding Ho'oponopono**" answers the what, where, when and why about cleaning. Cleaning is simply erasing your memories and bringing you back to zero, so that Inspiration (God, Love) can guide you. When you are at Zero you allow (The Flow) to bring whatever is right and perfect in an easy way.

The ancient philosophy of *Ho'oponopono* comes from the Hawaiian culture, and its premise is that everything is replayed memories that control you and what you attract. Once you take 100% responsibility you erase those memories, whatever memories get erased from you, will be erased from your family, relatives and ancestors. So when you change, everything changes.

The author's inspirational approach and simple techniques are changing lives throughout the world. Mabel is internationally acclaimed as one of the foremost authorities on the art of *Ho'oponopono*. With her unmistakable simplistic style and grace, Mabel has been able to transcend many languages. Her first book "**The Easiest Way**" has been translated and published in Spanish, Japanese, Korean, Portuguese, Swedish, German, French and Hebrew.

"I purchased Mabel's book earlier today, and I've been reading, and re-reading it ever since. It is so wonderful, and uplifting to know that the way to peace, love, and prosperity in all areas of life is so easy! Just take 100% responsibility for everything that shows up in your life, and say 'I'm sorry, please forgive me.' I've only been practicing ho'oponopono for about five months, but I'm already noticing calmness within myself that wasn't there before. Little things, (and even some big things), don't have the same effect as they once did. Anyway, I HIGHLY recommend Mabel's new book. Outstanding!"

~ Jimmy, Georgia

"I have read this book and listened to the audio. Absolutely incredible! It helped remind me of things I already knew, but tend to forget or get distracted, and taught me many new things about Ho'oponopono too! Thank you Mabel for this amazing book."

~ Love, Regina, Illinois

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